

**Primary Spring Summer 2020
ALLERGY AWARE Menu**

This menu contains: FISH, MILK, SOYA & MUSTARD

If you are catering for a pupil with these allergies please serve the alternative dish.

Allergen warnings are shown in RED



Allergy Aware Primary Spring Summer 2020 Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	SD Cheese & Tomato Pizza <u>CONTAINS MILK</u> With Jacket Wedges	Chicken Tikka Masala <u>CONTAINS MUSTARD</u> Rice	Roast Pork with Roast Potatoes & SD Gravy	SD Vegetable Chilli Macaroni <u>CONTAINS SOYA</u>	Turkey Burger & Chips
Alternative Dish	Jacket Potato with Baked Beans OR Jacket Potato with Cheese (<u>CONTAINS MILK</u>)				
Vegetables	Sweetcorn Broccoli and Cauliflower Medley	Broccoli Peas	Cabbage Carrots	Sweetcorn Broccoli	Peas Baked Beans
Desserts	SD Vanilla Rice Pudding	SD Berry Crispy <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY MALT</u> <u>EXTRACT</u>	SD Raspberry Smoothie	SD Chocolate Crispy Bar <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY MALT</u> <u>EXTRACT</u>	SD Flapjack <u>RECIPE CONTAINS GF</u> <u>OATS</u>
Cool Water, Yoghurt (<u>CONTAINS MILK</u>) & Fresh Fruit available daily					

GF = GLUTEN FREE, SD = SPECIAL DIET

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Allergy Aware Primary Spring Summer 2020 Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	SD Cheese & Tomato Pizza <u>CONTAINS MILK</u> With Jacket Wedges	SD Tomato Basil Pasta <u>CONTAINS SOYA</u>	Roast Turkey with Roast Potatoes & SD Gravy	SD Beef Ragu Bolognaise with GF pasta <u>PASTA CONTAINS SOYA</u>	SD Fish Fillet <u>CONTAINS FISH</u> and Chips
Alternative Dish	Jacket Potato with Baked Beans OR Jacket Potato with Cheese (<u>CONTAINS MILK</u>)				
Vegetables	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
Desserts	SD Raspberry Smoothie	Peach slices in juice with SD Custard	SD Flapjack <u>RECIPE CONTAINS GF OATS</u> with Fruit Slices	SD Chocolate Crispy Bar <u>GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT</u>	Orange & Mango Frozen Smoothie
Cool Water, Yoghurt (<u>CONTAINS MILK</u>) & Fresh Fruit available daily					

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