

TERM 2 OVERVIEW – PSHE

Term 2 Book – Man on the Moon

Topic(s) - Informed Choices, Privacy and Anti-bullying Week		Guide Time = 6weeks
Assessment:	<p>Year 1 – Assessment for Learning – I can describe one way to improve my mental and physical health. I can say what to do if someone is being bullied.</p> <p>Year 2 – Assessment for Learning – I can discuss things I like and if/how these improve my physical and mental health. I can name different types of bullying and what to do if someone is being bullied.</p> <p>As well as work scrutiny, teachers are to make judgements based upon children's ability to recall VIPs, and key knowledge.</p>	<p>Very Important Points (VIPs):</p> <ul style="list-style-type: none"> - Everyone has rights to privacy. It is important to respect other people's privacy. - You should never give out personal information. - Everybody has different likes and dislikes and that makes everybody unique. - Choices we make can positively and negatively affect our mental and physical health. - Bullying can be verbal, physical, social and cyber and none of these are OK. - Physical activity, rest and healthy eating keeps us healthy. <p>Fat Questions:</p> <ul style="list-style-type: none"> - What would the world be like if we all liked the same things? - What activities can we do to promote our physical and mental health? - What can happen if you don't keep your information private? - How would someone feel if you shared their personal information?
Links to prior learning (sequencing) and canon book	Year 2 children will have an understanding of what bullying is and will have had anti bullying week last year. They will also have a basic understanding of what physical and mental wellbeing is.	
Links to other learning (cross fertilisation)	<p><u>The World Beyond us:</u> How do astronauts keep physically active when on a mission?</p> <p><u>The World Around Us:</u> How do other countries promote health and well being?</p> <p><u>Modern Britain:</u> How has people's mindset changed over emotional well being? Are people physically healthier now than ever before?</p> <p><u>Healthy Bodies & Healthy Minds:</u> What activities can you do to promote physical well being?</p> <p><u>Culture:</u> How do people from other cultures and backgrounds promote health and well being?</p> <p><u>Technology in Action:</u> How has technology impacted the exercises we can do? How has technology promoted physical activities? How has technology impacted on emotional well being?</p>	

Links to future learning	<p>Mrs Armitage on Wheels - To learn that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable).</p> <p>Blue Planet- To identify and respect the differences and similarities between people.</p>	
Character/Wider Development ('50 things', cultural capital, skills)	<p>In covering this aspect of PSHE children will learn that everyone has rights to privacy and that It is important to respect other people's privacy. We should not share personal information online. We all have different likes and dislikes. Children will understand that choices we make can positively and negatively affect our mental and physical health. Bullying can be verbal, physical, social and cyber and none of these are OK. Physical activity, rest and healthy eating keeps us healthy.</p>	

OVERVIEW OF TEACHING SEQUENCE

Key Facts/Learning	Learning Focus or Key Question	Learning Outcomes (NC)	Key Words/ Vocabulary	Greater Depth/SEND	Misconceptions	Activities and Resources
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<p>Lesson 1</p> <p>Children will think about what they like and dislike. They will also learn how they can improve their physical and emotional health.</p>	<p>What can we do to improve our physical and emotional health?</p>	<p>PSHE Association Objectives -H2 To recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences.</p>	<p>privacy, personal information, online, safety, choices, wellbeing, health, healthy eating, balanced diet, physical activity, exercise, sleep, rest, energy, hygiene, bullying, teasing, acceptable, unacceptable.</p>	<p>SEND Explore what they like and dislike and how it makes them feel.</p> <p>GD Children to create an action plan to make positive changes towards their physical and emotional wellbeing.</p>	<p>Children may not know the difference between physical and emotional health.</p> <p>Children may confuse there emotional health with their feelings.</p>	<p>Discuss as a class what physical and emotional health is and why it is so important. Discuss ways in which we can stay physically and emotionally healthy and improve our physical and emotional health.</p> <p>Year 1 – To design a poster promoting physical and emotional health.</p> <p>Deepening the Moment Y1: Is physical health more important that emotional health? Explain your answer.</p> <p>Year 2 – To design a leaflet promoting physical and emotional health and the benefits of staying physically and emotionally healthy.</p> <p>Deepening the Moment Y2: Which is most important; physical or emotional health? Explain your answer.</p>
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<p>Lesson 2</p> <p>Children will learn what privacy means and that they need to keep their own and other people's information private.</p>	<p>How can we respect people's privacy?</p>	<p>PSHE Association Objectives H16 - To learn what is meant by 'privacy'; their right to keep things private; the importance of respecting others' privacy.</p>	<p>privacy, personal information, online, safety, choices, wellbeing, health, healthy eating, balanced diet, physical activity, exercise, sleep, rest, energy, hygiene, bullying, teasing, acceptable, unacceptable.</p>	<p>SEND Circle the items you would give to each group of people using a red, green or blue pencil</p> <p>GD Children to produce a written guide on how to protect your privacy and others online.</p>	<p>Children may confuse keeping information private and not talking to someone if they have a problem.</p>	<p>Discuss what 'privacy' means, why some things need to be kept private and why we should respect other people's privacy.</p> <p>Year 1 – To look at the groups of people and decided what they would share with those people.</p> <p>Deepening the moment Y1: If someone shared your personal information with someone what would you do? Explain your answer.</p> <p>Year 2. – Write a paragraph explaining why it is so important to stay safe online and explain how you can protect your privacy online.</p> <p>Deepening the moment Y2: If you were getting nasty emails each day would it be classed as bullying? Explain your reasoning.</p>
<p>Lesson 3</p> <p>Year 1 children will learn that there are different ways in which we can treat each other.</p> <p>Year 2 children will look at ways in which to deal with bullying.</p>	<p>Why is anti-bullying week so important?</p>	<p>ANTIBULLYING WEEK</p> <p>Year 1: R13 - To learn that there are different types of teasing and bullying, that these are wrong and unacceptable.</p> <p>Year 2: R14 - To develop</p>	<p>privacy, personal information, online, safety, choices, wellbeing, health, healthy eating, balanced diet, physical activity, exercise, sleep, rest, energy, hygiene,</p>	<p>SEND Explore acceptable and unacceptable behaviours through role play and discussion.</p> <p>GD Children to write a set of instructions to give to a friend explaining what to do if they think they are being bullied.</p>	<p>Children might think that we can only talk about bullying during anti bullying week.</p> <p>Children might think that bullying is only physical abuse.</p> <p>Children may think that they can't tell people if they feel they are being bullied.</p>	<p>Discuss what bullying is and share the 'what is bullying' PP with the children.</p> <p>Year 1 – To sort the pictures and scenarios into acceptable and unacceptable.</p> <p>Deepening the moment Y1: Is it ok to be unkind to someone just because they have been unkind to you? Explain your answer.</p> <p>Year 2 – To create a poster promoting strategies to resist and deal with bullying.</p>

		strategies to resist teasing or bullying, if they experience or witness it, and whom to go to and how to get help.	bullying, teasing, acceptable, unacceptable.			Deepening the moment Y2: What would you do if you saw one of your friends bullying someone? Explain your answer.
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Trust shared > Primaries > KS1 > Planning Cycle B > Autumn 2 > PSHE > Lesson 1 / 2 / 3

Lesson 1 - <https://www.bbc.co.uk/bitesize/clips/z8yd2p3>

Lesson 2 - <https://www.bbc.co.uk/bitesize/topics/zfcvnbk/articles/zkcj92p>

Lesson 3 -

Fat Questions:

- What would the world be like if we all liked the same things?
- What activities can we do to promote our physical and mental health?
- What can happen if you don't keep your information private?
- How would someone feel if you shared their personal information?

Outcomes

- You will recognise what you like and dislike, how to make real, informed choices that improve your physical and emotional health.
- You will learn what is meant by 'privacy'; their right to keep things private; the importance of respecting others' privacy.
- In PSHE you will learn that there are different types of teasing and bullying, that these are wrong and unacceptable.
- You will learn to develop strategies to resist teasing or bullying, if you experience or witness it, and whom to go to and how to get help.

Facts/VIPs:

- Everyone has rights to privacy. It is important to respect other people's privacy.
- You should never give out personal information.
- Everybody has different likes and dislikes and that makes everybody unique.
- Choices we make can positively and negatively affect our mental and physical health.
- Bullying can be verbal, physical, social and cyber and none of these are OK.
- Physical activity, rest and healthy eating keeps us healthy.



Statement of Intent:

During this half term you will learn that everyone has rights to privacy and that it is important to respect other people's privacy.

Key Vocabulary:

Privacy- the right to keep one's personal matters and relationships secret.

Personal information – facts about a person.

Online - controlled by or connected to a computer.

Safety - being protected from or unlikely to cause danger, risk, or injury.

Choices- choosing between two or more possibilities.

Wellbeing- the state of being comfortable, healthy, or happy

Health- being free from illness or injury.

Healthy eating- eating a variety of foods that give you the nutrients you need to maintain your health, feel good, and have energy.

Balanced diet- a diet consisting of a variety of different types of food and providing adequate amounts of the nutrients necessary for good health.

Physical activity- a body movement.

Exercise- activity requiring physical effort, carried out to sustain or improve health and fitness.

Sleep- a condition of body and mind which typically recurs for several hours every night.

Rest- to stop work or movement in order to relax, sleep, or recover strength.

Energy- the strength and vitality required for sustained physical or mental activity.

Bullying- seek to harm, intimidate, or coerce (someone perceived as vulnerable)

Teasing- intended to provoke or make fun of someone in a playful way.

Acceptable- moderately good; satisfactory.

Unacceptable- not satisfactory or allowable.

